



APPLE PIE OVERNIGHT OATS

STEP-BY-STEP



Combine yogurt, applesauce, and cinnamon in a large bowl, pan, or container.



Stir to mix thoroughly.



Add oats and stir again to combine.



Cover and refrigerate several hours or overnight.



Use a #4 disher or 2 - #8 dishers to portion 1 cup of oat mixture into 9 fl oz cups.