

## OVERVIEW

In this activity, you will add to your Game Plan by reflecting on, and writing about, three journaling prompts.

## MATERIALS

You will need:

- Game Plan Notebook



## Introduction

Respond to the following journal prompts. Responses should be at least two paragraphs in length. Feel free to add illustrations, diagrams, tables, or other graphics in your reflection.

### JOURNALING PROMPTS

#### Prompt 1

What are some environmentally sustainable agricultural practices that you learned about? Did any of these practices debunk a myth you previously believed to be true?

#### Prompt 2

Now that you've gained knowledge about these practices, take some time to reflect and journal about why these practices are so important. In what way could widespread use of these practices have meaningful effects on the environment?

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## JOURNALING PROMPTS *(continued)*

### Prompt 3

Review your meal and activity Game Plan while reflecting on what you've learned about sustainable agriculture practices. Does your new knowledge change how you feel about your food choices? If so, why?

## HOME CONNECTIONS

Share what you have learned about environmentally sustainable agricultural practices with members of your household and work with them to identify any ways you can improve your own environmentally sustainable practices at home (for example, minimizing food waste or using environmentally-friendly products).